



MicroNeedling FAQ's

What is Automated MicroNeedling?

Automated MicroNeedling (or Collagen Induction Therapy – CIT) is a new innovation in aesthetic medicine for the treatment of fine lines, acne scars and the skin's overall appearance. During your procedure, tiny needles are used to create controlled micro-injuries to the skin in order to produce collagen and elastin. The skin's repair process results in a thicker dermis and the appearance of softer wrinkles. It also creates superficial micro-channels allowing topical gels, creams and serums to be absorbed more effectively into the skin.

What are the Benefits?

The benefits of MicroNeedling are a reduction in the appearance of fine lines and wrinkles, younger-looking skin with fewer signs of aging. It also has a positive effect on hyper- and hypo-pigmentation, acne scars, traumatic scars and stretch marks. It generally creates a fresher look or glow to the skin.

What areas of the body can I treat?

MicroNeedling can be used on the body; face, neck, décolleté, arms, hands, legs, abdomen and back.

How is the procedure done?

12 sterile tiny micro-needles are attached to the pen. Your skincare professional will apply a thin layer of topical gel to the skin and select the appropriate needle depth for your unique needs. In a single motion, the pen is pressed against the skin while simultaneously gliding in one direction over the treatment area.

What does it Feel Like?

The feeling associated with MicroNeedling is similar to light sandpaper being moved across the skin. While some areas are more sensitive than others, the speed of the needle tip and topical gel reduces discomfort and makes the treatment more tolerable.

How long does the procedure take?

The procedure takes about 30-45 minutes depending on the size of the area treated. If you are coming to the office for numbing prior to the treatment, plan on an extra 30 minutes.

What is the downtime?

Immediately after the treatment you will notice a bright redness to the skin. The healing time depends on the depth of needles used and number of overlapping passes your skincare professional performs. The average patient is red 2 to 4 days, while some patients will heal completely in 24 hours. Using hyaluronic acid and high-quality skincare products, provided by your skincare provider, can help speed up the healing process.

When will I see the results?

Patients will notice an immediate "glow" to their skin. Visible changes will develop over the course of several days and weeks up to 6 months after the treatment as collagen production continues.

How many treatments will I need?

Some patients require only a single treatment, once a year for desired results. For most patients it is recommended to receive a series of 3-5 treatments every 4-6 weeks. For patients with deep wrinkles, advanced photo-aging, stretch marks or acne scars it is recommended to receive 6-8 sessions.